

# Join us on the mat for a **Fundraiser for Ukraine** Sunday May 15, 10:00 AM-3:30 PM



Kayla Feder, 7th dan Aikikai, has trained since she was a child. Over the decades she has trained with many teachers, counting Morihiro Saito Shihan as her foundational influence. She will be teaching an in depth study of kaeshi waza, or reversals.

**1:30-3:30 PM**

César San Miguel, 2nd dan Aikikai, also began his practice as a child. He is a dedicated student of Jan Nevelius Shihan and has spent the last several years in a deep study of ukemi. He will be teaching connection based ukemi and soft high falls

**10 AM - 12 PM**



**Aikido of Berkeley**

1514 University Ave. Berkeley, CA

**Register at [bit.ly/3s0fs2X](https://bit.ly/3s0fs2X)**

masks and vaccination required